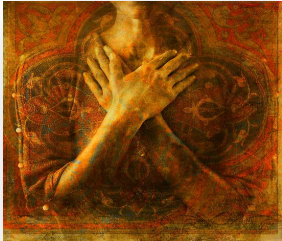


Write to the Heart of Motherhood  
*Connecting to our true voice in the middle of our messy lives*

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Week 3. QUOTES



~ TO NURTURE & INSPIRE ~

“All I'm writing is just what I feel, that's all. I just keep it almost naked.”

– Jimi Hendrix

“Avoid the flourish. Do not be afraid to be weak. Do not be ashamed to be tired. You look good when you're tired. You look like you could go on forever. Now come into my arms. You are the image of my beauty.”

– Leonard Cohen

“And so our mothers and grandmothers have, more often than not anonymously, handed on the creative spark, the seed of the flower they themselves never hoped to see - or like a sealed letter they could not plainly read. ”

– Alice Walker

“I write because there are things in me that cannot die.”

– Sanobar Khan

“All good work requires self-revelation.”

– Sidney Lumet

“Each woman has potential access to Rio Abajo Rio, this river beneath the river. She arrives there through deep meditation, dance, writing, painting, prayermaking, singing, drumming, active imagination, or any activity which requires an intense altered consciousness. A woman arrives in this world-between-worlds through yearning and by seeking something she can see just out of the corner of her eye. She arrives there by deeply creative acts, through intentional solitude, and by practice of any of the arts.”

– Clarissa Pinkola Estés

“The deepest experience of the creator is feminine, for it is experience of receiving and bearing.”

– Rainer Maria Rilke